

# Do you need help? It's OK to ask!

The Queen Edith's Community Forum, in association with the parish churches of St John's and St James, now has a team of volunteers across the area who can help with collecting prescriptions, getting shopping, walking your dog, posting mail, providing IT advice or even just calling on the phone for a friendly chat.

**If you need some help, call us and  
leave a message:**

**01223 641 012**

Please do not use this line for emergencies, for medical advice or information, or for support services provided by our local councils.



**HAPPY TO HELP**